



Praying the Daily OFS Office (Green Book) with one Leader

INTRODUCTION

All bless themselves while saying:

Leader: O God, come to our aid

Fraternity: O Lord make haste to help us

Leader: Glory be to the Father.....

Fraternity: As it was in the beginning

HYMN

Leader and Fraternity say Hymn together (see note 1)

PSALMS

Antiphon 1 said by the Leader

Leader says verse 1

Fraternity say verse 2

Other verses are said alternatively including Glory Be

Note: very short pause at the verse asterisk (*)

Antiphon 2 said together by Leader AND Fraternity

READING

Said by Leader OR designated person

All reflect silently for approx. 10 seconds

MAGNIFICAT

Everyone blesses themselves at the start

Antiphons and verses are same as the Psalms above

INTERCESSIONS

Said by Leader or designated person

Leader should provide the opportunity for members to contribute their own intercession

Last intercession should be a prayer for our dearly departed

The Our Father is said together

CONCLUDING PRAYER

Said by Leader

If Priest or Deacon present, a blessing is given.

If not, then Leader should say :

The Lord bless us, and keep us from evil, and bring us to everlasting life. Amen.



NOTES:

1. The Hymn of the day (or another suitable one) can be sung by everyone, if appropriate.
2. Other parts such as the Glory Be can be sung, if appropriate.
3. If possible, the Leader should appoint a designated person for the Reading and another designated person for the Intercessions. This will enhance Fraternity involvement.
4. The Alleluia should be omitted during Lent.
5. Fraternities should ensure that as many members as possible are trained to act as Leader.
6. Fraternities should vary the Office at their monthly meeting. It is recommended that the chosen Office is suited to the Liturgical Season or Feast Day. For example, The Office of St Francis may be appropriate in October or close to a major Franciscan feast day.
7. It is recommended that the Office is said using this format, whenever there is an OFS gathering, at local, regional or national level.
8. **Rule 8 states:** Let them join in **liturgical prayer in one of the forms proposed by the Church**, reliving the mysteries of the life of Christ.
9. **Constitutions Article 14 states:** The brothers and sisters as well as the fraternities should adhere to the indications of the Ritual with respect to the different forms of participating in the liturgical prayer of the Church, **giving priority to the celebration of the Liturgy of the Hours.**
10. This instruction should be read in conjunction with the OFS Ireland options for daily office available at <https://ofsireland.org/daily-office-and-prayers/>